

Beet Hummus

Prep Time
10 minutes

Makes
10 servings



Ingredients

- 1 can chickpeas (15 ounces), rinsed
- 8 ounces beets
- ¼ cup tahini
- ¼ cup extra virgin olive oil
- ¼ cup lemon juice
- 1 clove garlic
- 1 teaspoon cumin
- ½ teaspoon salt

Directions

1. Combine all ingredients in blender or food processor; blend until the desired consistency is reached.
2. Enjoy with your favorite dipping foods!