



# STOCKING TUTORIAL



SAMPLE BY AUTUMN TROYER  
TUTORIAL BY KENDRA DAVIS



Please ensure you have these supplies ready for each stocking:

Fabric:

- ½ yard of main stocking fabric (obvious directional prints not recommended)
- 9" x 9" or coordinating scraps for star
- ½ yard for lining
- 25" x 25" batting, thin preferred

Extras:

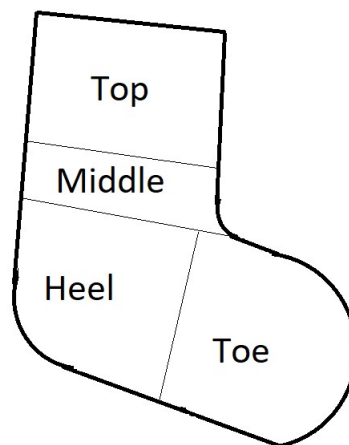
- Rotary cutter and mat
- Quilting rulers (specialty rulers for 2" half square triangles are convenient but not necessary)
- Thread for piecing and quilting (50wt is a good choice for both)
- Pins for piecing
- Spray baste or basting pins
- Iron and surface to iron on

Okay, now take a good look through these instructions. Have everything? Alright, here we go!

Step One – Prepare stocking template:

Print the PDF pattern and cut out the stocking pieces. Tape together, matching the sides as noted on the pieces.

Set aside.





Step Two – Cut stocking exterior:

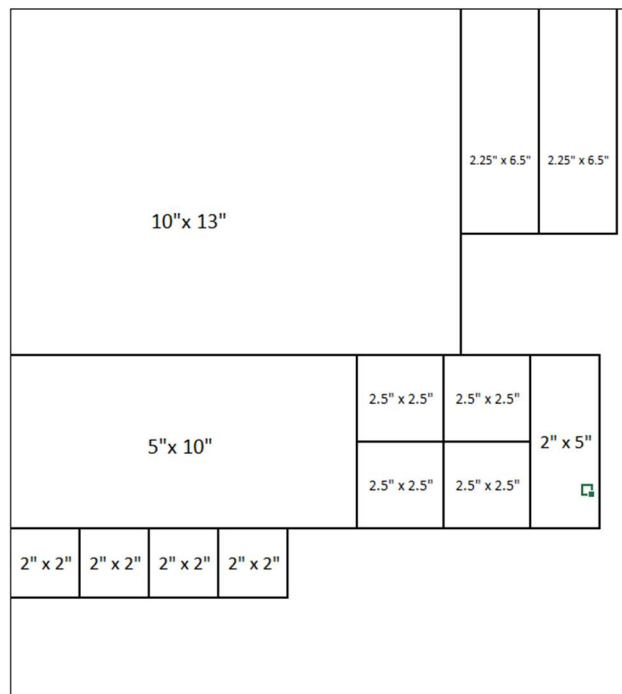
Cut the following:

Fabric	Quantity	Cut to size
Star fabric	1	3.5"x 3.5" square
	4	2.5"x 2.5" squares
Main Stocking fabric (1 & 2)	1	10" x 13"
	1	5" x 10"
	2	2.25" x 6.5"
	4	2.5" x 2.5" squares
	4	2" x 2" squares
	1	2" x 5"

1) Use half of the half yard for these pieces, saving the equivalent of a fat quarter for the back of the stocking.

2) If using directional fabric, please pay careful attention to alignment of cuts - see sample layout of a fat quarter to ensure pieces are cut in the correct direction.

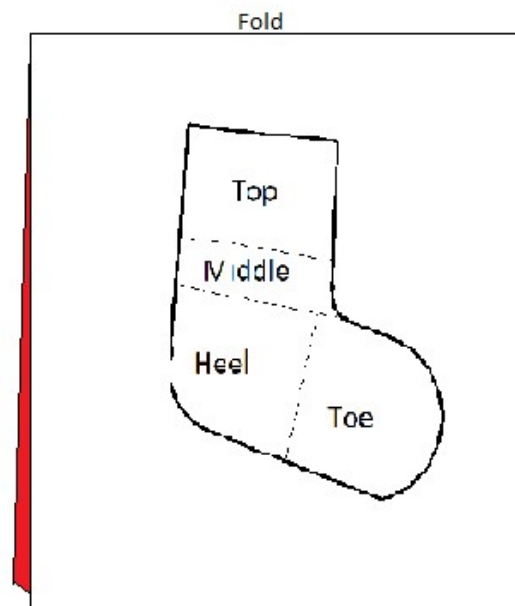
Sample Fat Quarter Cutting Layout





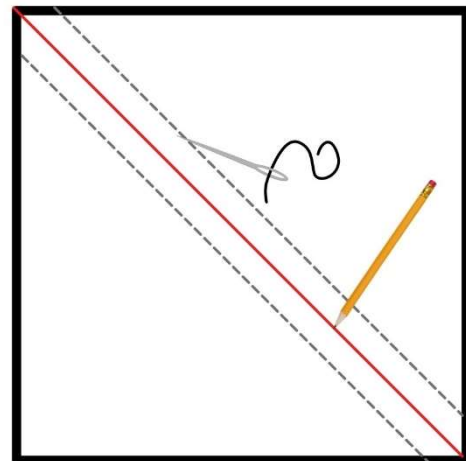
### Step Three – Cut stocking lining:

1. Fold lining fabric right sides together.
2. Position paper stocking shape over fabric, making sure it is not sticking out over the fabric on any side. Trace stocking shape on wrong side of fabric.
3. Cut through both layers of lining along the traced lines. Mark the location of the two X from the template onto the lining pieces. Set aside.



### Step Four – Piecing Star:

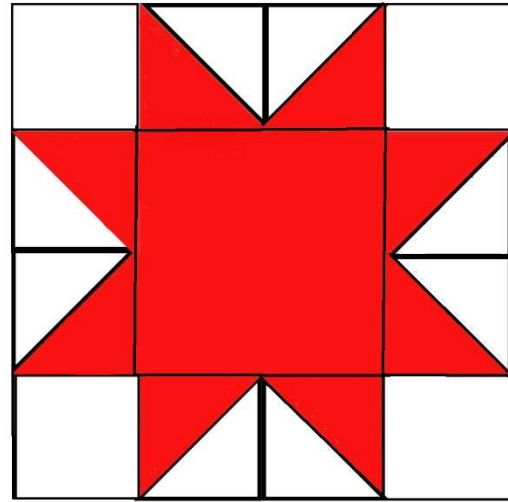
1. Draw a horizontal line from one corner to the opposite corner of the four 2.5" x 2.5" Star Fabric squares. Pair each with a 2.5" x 2.5" Main Stocking fabric squares.
2. Sew a scant  $\frac{1}{4}$ " seam on either side of the drawn line on each pair.
3. Cut in half along the drawn line.
4. Trim half square triangle to 2" and press open (or do it in reverse order if that's what you like to do – press open and trim to 2"x 2").





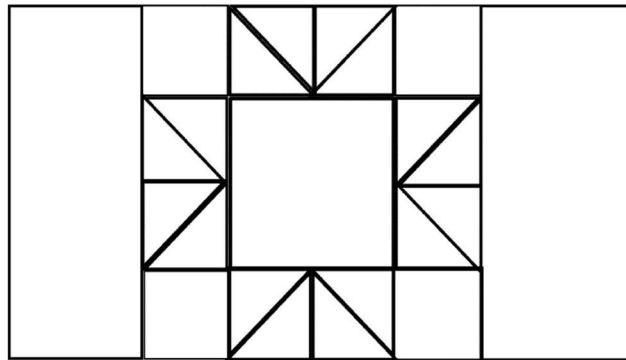
- Using the four 2"x 2" Main Stocking fabric squares and the 3.5" x 3.5" Main Stocking fabric square, sew your star together like this. Use a scant  $\frac{1}{4}$ " seam and pins to get everything lined up perfectly.

Great job!

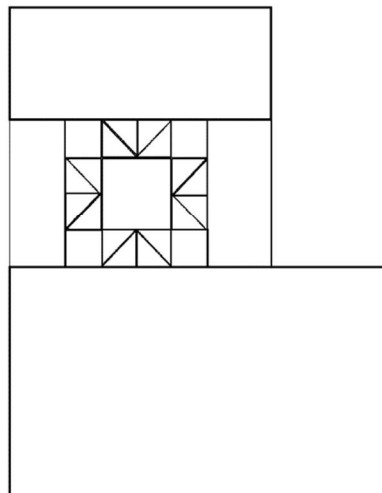


Step Five – Stocking front assembly:

- Attach the two 2.25" x 6.5" Main Stocking fabric pieces to either side of the star.



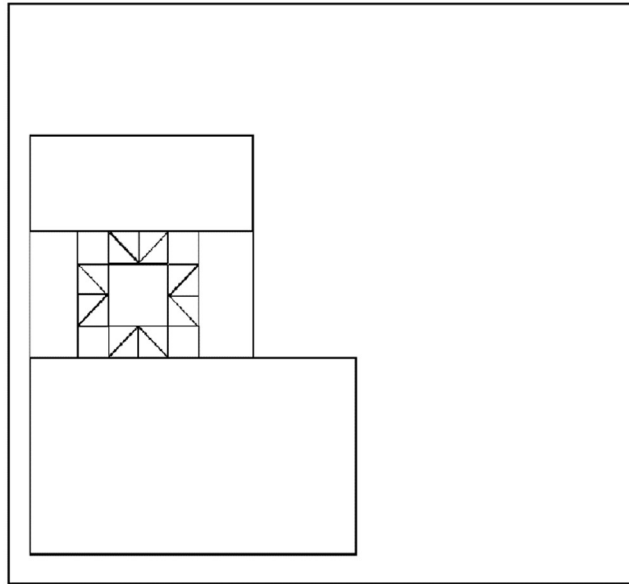
- Attach the 5" x 10" piece to the top of this section and the 10" x 13" piece to the bottom of this section, lining up the left side.





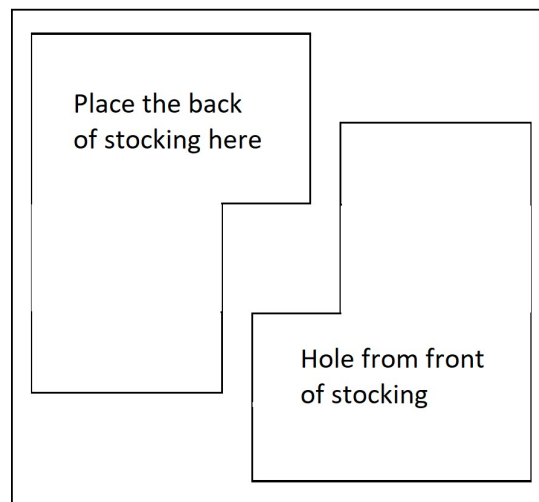
### Step Six – Make Quilt Sandwich

1. Lay the stocking top in the bottom left corner of the piece of batting:



2. Once you are happy with the position, baste by spray or pins, then cut  $\frac{1}{2}$ " around the stocking front.

3. Flip the piece of batting over (we are being efficient with our use of batting here!). Use the remaining piece of Main Stocking fabric (should be roughly a fat quarter size) to cut out a mirror image of the stocking front. Use the untrimmed stocking front, don't use the paper template yet. Position that piece on the flipped over batting, like this:



4. Baste it into place and cut off the excess.





### Step Seven – Quilting:

Quilt the front and back as you'd like. In the workshop, I recommend:

1. Quilt around the inside of the star,  $\frac{1}{4}$ " from the edge of the star, all the way around. Use a lock stitch at the start and end, or leave the tails long and bring them to the back side to tie them off.
2. Add a few quilting lines on the back of the stocking – perhaps around the toe and the heel.

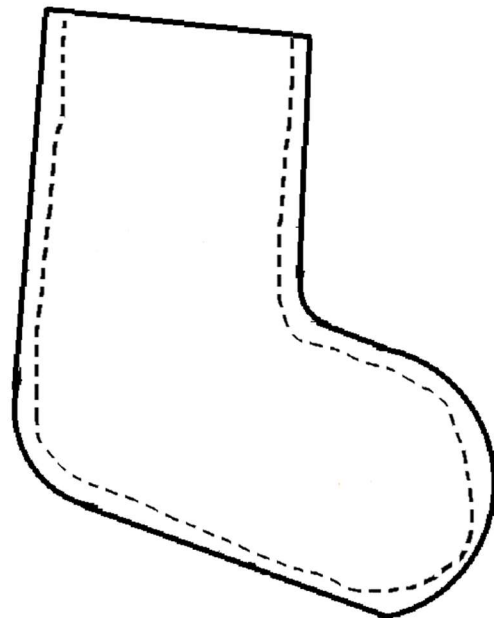
Since a stocking is not a heavily used item and won't need washing, we are going outside the manufacturer's recommendation of quilting density. If your stocking is going to need to be washed and dry-cleaning isn't an option, I would recommend adding more quilting.

### Step Eight – Cut to Stocking shape

1. Using the paper template, trim the stocking front to the correct shape, centering the star side to side on the template.
2. Flip the paper template upside down (so that the words can't be seen) and cut out the back of the stocking.

### Step Nine – Sew stocking together:

1. Place the stocking right sides together and add pins in a few places so they stay lined up. Starting at the top corner, stitch down and around the stocking. Do not stitch the top closed.
2. Do the same with the lining pieces, but do not stitch between the two X's (leave a gap open).
3. Turn the stocking (not the lining), right side out. Gently push the seams out so that they are not folded in, press if needed.
4. Using the 2"x 5" Main Stocking Fabric piece, fold in half right sides together, lengthwise (like a hot dog). Stitch along the long side, making a long, skinny tube, then turn inside out. This will be your hanging loop. Press and set aside.





### Step 10 – Attach lining to stocking

1. Fold the hanging loop in half, and pin to the exterior of the seam of the stocking – loop should be facing down towards the heel and the raw edges should line up with the raw edges of the top of the stocking. Stitch in place.
2. Insert the stocking into the lining (which is still inside out), lining up the tops and matching the seams. Right sides of stocking and lining should be together. Make sure the loop is tucked in between the stocking and the lining.
3. Stitch a generous  $\frac{1}{4}$ " seam around the top of the stocking.
4. Turn the stocking right side out through the gap left in the lining.
5. Stitch the gap in the lining closed. Hand sew for neatness, or be like Kendra and realize nobody is ever going to see that part of the lining again and just neatly machine stitch it closed.
6. Gently push the lining into the stocking, ensuring it lays neatly inside the toe. Making sure the seam around the top is not tucked in, press around the top of the stocking for a neat finish.
7. Top stitch  $\frac{1}{4}$ " around the top of the stocking, securing the lining inside the stocking.



That's it! You're done! Great job! Now go make a few dozen more for everyone you know!

Now that you are fully competent at making a stocking, feel free to change up your next versions by fussy-cutting the star fabric or changing the layout of the star.





## BONUS:

I'm guessing that you made this stocking so that you have something handmade to hang or give, and you love the idea of creating holiday memories with those you love. Here's one of our favourite Christmas treats, it's easy and tasty and everyone loves it. Fill a baggie with this treat and shove it down into the toe of the stockings you hang – you'll be everyone's favourite quilter.

### Christmas Popcorn:

24 cups popped popcorn  
2/3 cup melted white chocolate  
1/3 cup crushed candy canes

With the popped popcorn in a large bowl (quite large), pour the white chocolate over and give it a few mixes. Then add the crushed candy canes and mix until both chocolate and candy canes are well distributed.

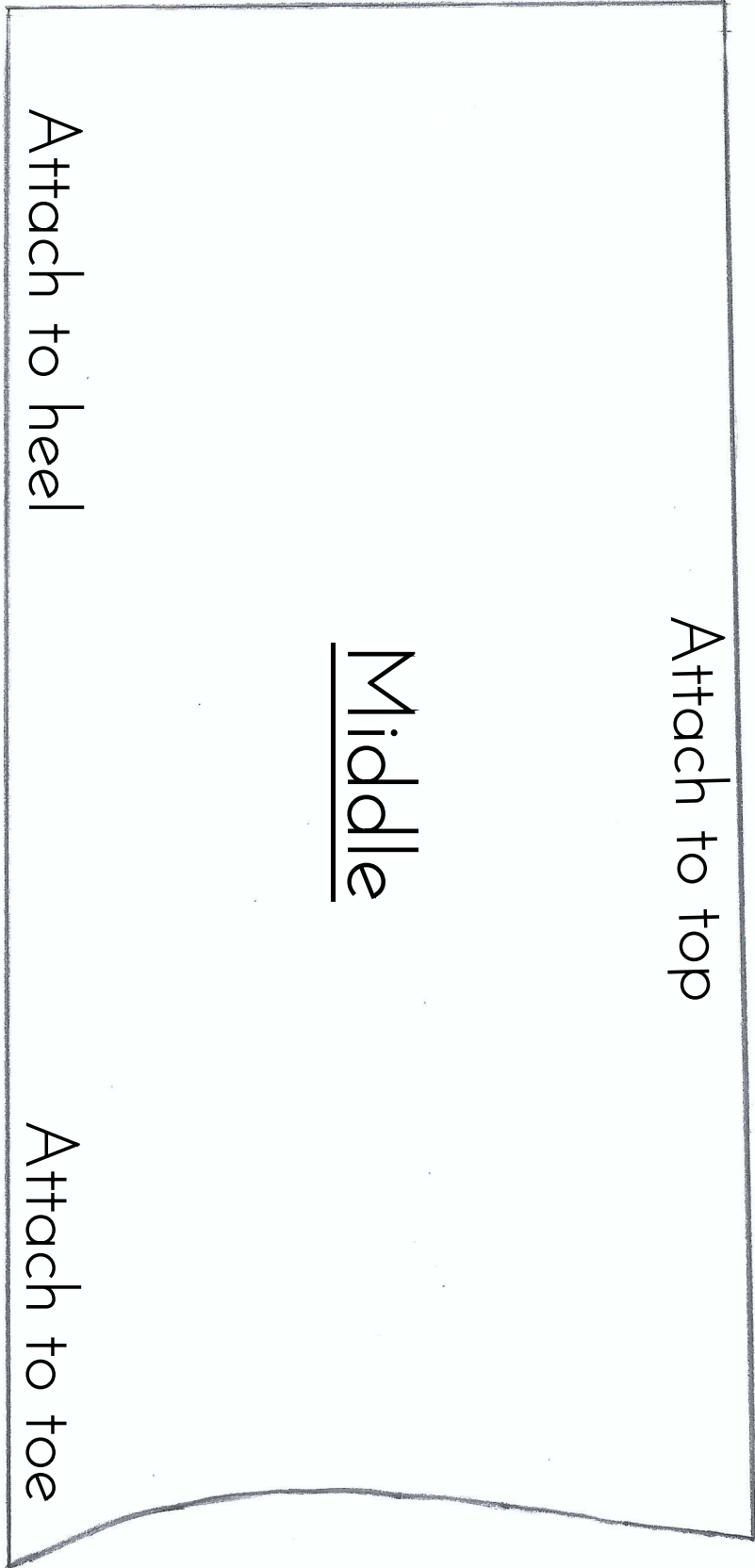
Spread out on parchment paper to dry and set. Keeps for awhile... I actually don't know how long because it gets eaten too fast.

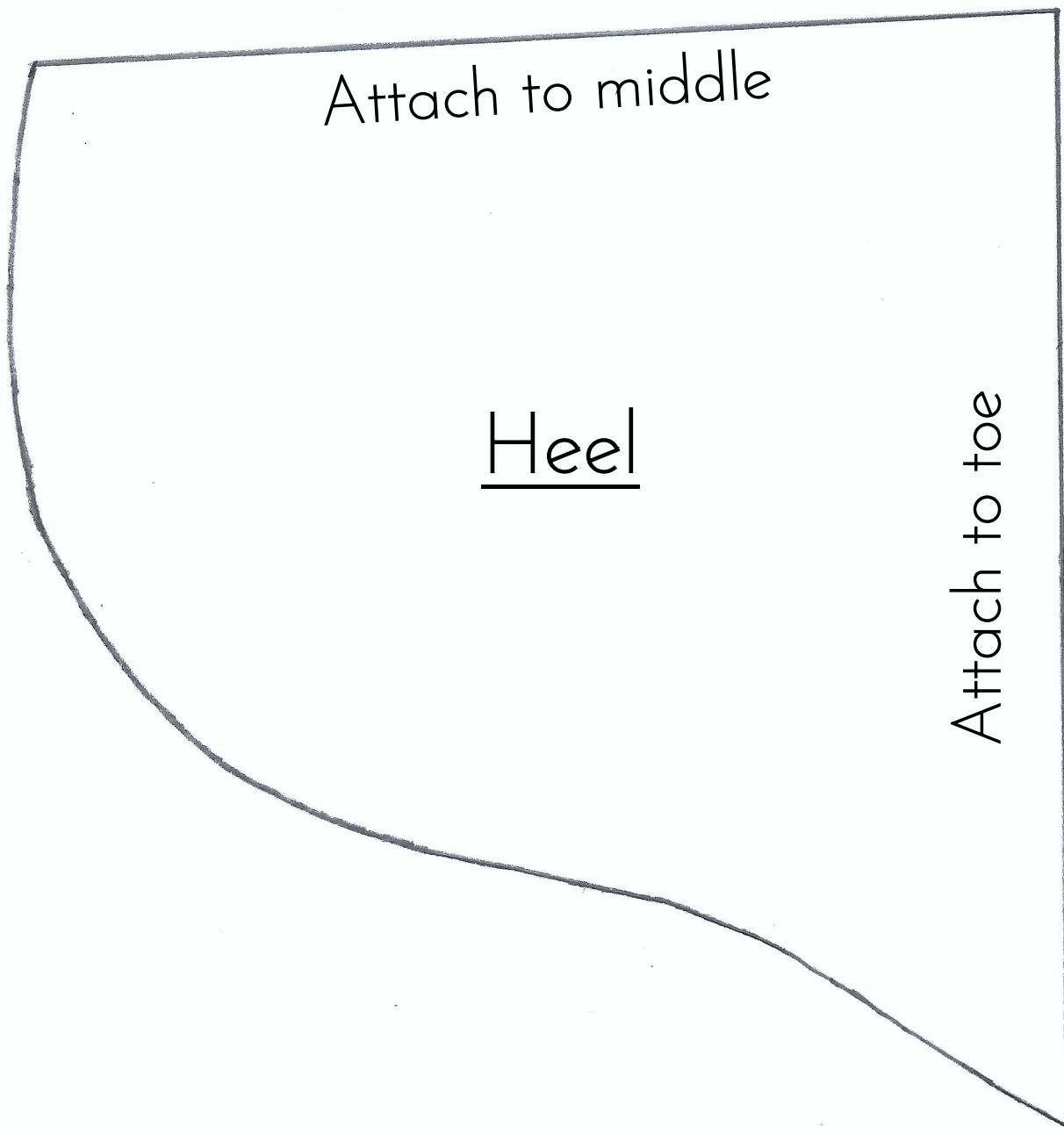
Merry Christmas, friends!

- Kendra

Top

Attach to middle

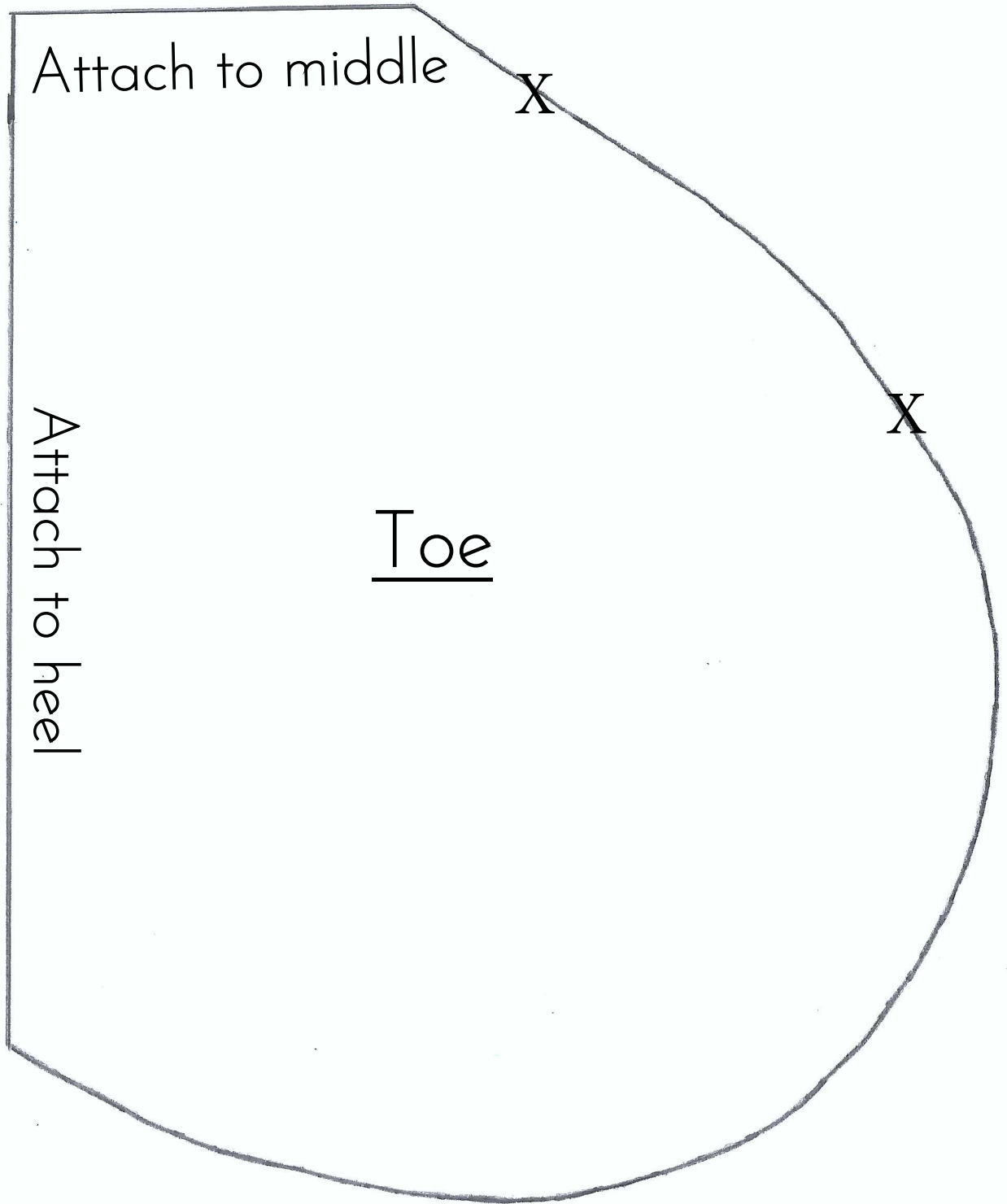




Attach to middle

Heel

Attach to toe



Attach to middle

X

X

Attach to heel

Toe