LL Medico

Practical solutions–Compassionate care



Quick Reference Guide

for

Test Strips, Lancets and Control Solution

At a Glance

Strips, lancets, and control solution work as a system. Match strips to the meter, store them properly, and check accuracy with control solution.

Daily Priorities

- Use only strips made for your meter's model
- Use a fresh lancet for every test
- Keep strips in the original vial, cap closed
- Write the open date on vials and bottles
- Dispose of lancets in a sharps container

Watch For

- Expired strips or passed discard dates
- Readings that do not match symptoms
- Heat, humidity, or sunlight near supplies
- Low supply: reorder with two weeks left

Avoid

- Sharing a lancing device or meter
- Reusing strips or lancets
- Buying used or unauthorized strips
- Loose lancets in trash or recycling

Call the Doctor If

- Readings stay very high or very low
- The meter fails its control test twice
- A fingertip shows redness, swelling, or pain
- Call 911 for confusion or fainting

Note** The information contained in this document is intended to support, and not replace, the advice given to you or your caregiver by your healthcare providers.

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