LL Medico

Practical solutions–Compassionate care

Respite Handoff Sheet

for

Name _____



Basics

Date and hours covered

Best way to reach me

Daily Routines

Wake-up and morning routines

Meals, drinks and dietary needs

Rest or nap times

Bedtime routine

Medications

Names/Dosages

Personal Care

Bathroom or incontinence routine

Where supplies are kept

Bathing and dressing help needed

Mobility and safety

Transfer and walking help

Allergies and safety concerns

Comfort and Communication

Favorite activities, music, or shows

What helps when upset:

Things to avoid

Emergency contacts

Doctor

Pharmacy

Hospital

Emergency contact

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